

## **Better Bites Items from the Market**

### **Garden Gourmet**

Fresh Whole or Cut Fruit

Lowfat Cottage Cheese

Non fat Plain Yogurt

Tuna Salad

Chicken Salad

Cilantro Chicken Salad

Your own blend of salad made with fresh green, fresh vegetables and fat free dressing

### **Brellas**

Chicken Apple Salad Wrap

Any White or Wheat Roll sub made with Turkey, fresh vegetables and light mayonnaise

### **Pizza Hut**

Nothing

### **Fresco**

Any Pasta To Order made with pasta, red or pesto sauce and fresh herbs and vegetables

### **Queserito**

Any Chicken, Pork or Bean Burrito, Salad, Bowl or Quesadilla made with fresh vegetables and fresh vegetable salsas

### **Boulevard Grill**

Garden Burger

Buffalo Burger

### **Grab/Go Cooler**

Vegetable salads with Fat Free Dressing

Garden Salad with Fat Free Dressing

Veggie Sandwich without cheese

Skim Milk

Plain Unflavored Yogurt